

Permission letter

To,

Principal,

Grace Valley Arts and Science College, Maravattam

Subject: Request for Permission to Conduct Psychology Department Program

Sir,

We, The Department of Psychology intended to conduct one week program aimed at promoting academic and cultural engagement within our college community named as 'Emosense. The proposed schedule for the program is as follows:

Day One: Club Inauguration 10.00 am – 12.30 pm

Speech Competition (Inter Department) 1.30 pm – 2.30 pm

Cultural Program 2.30 pm – 3.00 pm

Day Two: Social Extension program

Engaging in social extension activities to contribute positively to the community and promote social responsibility.

Day Three and four: Psychological Exhibition

-An exhibition to showcase various aspects of psychology, providing an interactive learning experience for students.

Day Two: Film Festival

-A Film festival showcasing movies that explore psychological themes, fostering a deeper understanding of the subject

We believe that this program will not only enrich the academic experience of our students but also contribute to the overall development of our college community. We kindly request your permission to proceed with the aforementioned program and would be grateful for any support or guidance you may provide. We are confident that this initiative will enhance the educational and cultural fabric of our college. I thank you for considering our request. We look forward to your positive response.

Sincerely,

Mr. Althaf. P

Head & Assistant Professor

Department of Psychology

DEPARTMENT OF PSYCHOLOGY



EMO-SENSE

CLUB INAUGURATION & LOGO LAUNCHING



Dr.CP AYOOB KEYI

Principal
Grace valley college of
arts and science
(Programme inauguration)



FAIZAL WAFY

Manager
Grace valley institutions
(Logo Launching)



FATHIMA RINI

Clinical Psychologist
(NIMHANS)
Co-founder
Mind Route Wellness Clinic
(Club Inauguration)



04 DECEMBER
2023



10:00 AM



CONFERENCE HALL

GRACE VALLEY COLLEGE OF ARTS AND SCIENCE

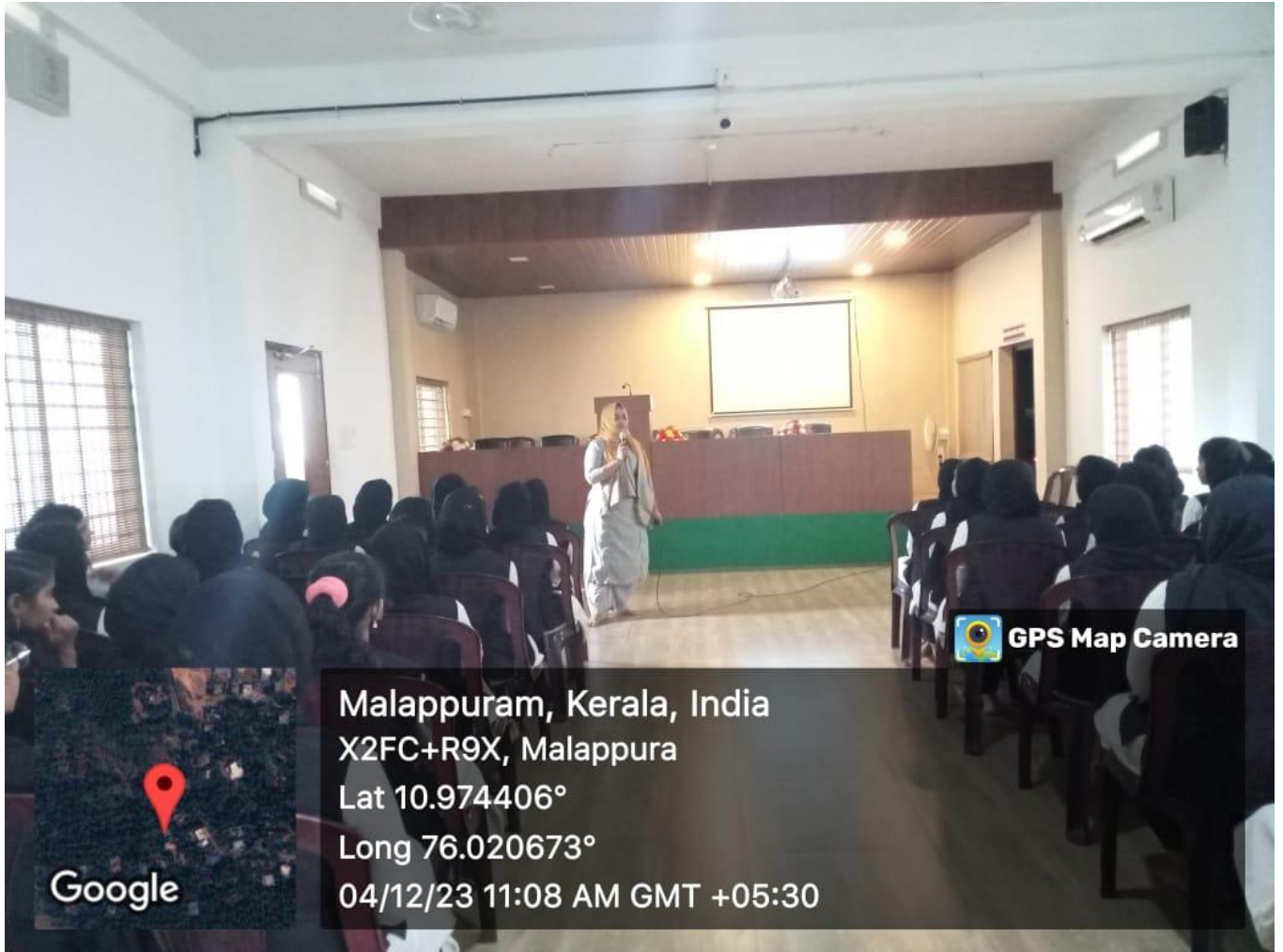
Day One: Club Inauguration and Psychological First Aid Awareness

The Department of Psychology initiated the Emosense week on December 4th, 2023, with a focus on mental health awareness and community engagement. The day commenced with the inauguration of the CALM (Club for Analysis and Learn about Mental Health) club from 10:00 am to 12:30 pm. The ceremony, graced by the eminent clinical psychologist Mr. Fathima Rinsi, saw the presence of Principal Dr. Ayoob Keyi as the chairperson. Mr. Althaf, the Head of the Department, delivered a welcome speech emphasizing the importance of mental well-being in academic and personal growth.

As part of the inauguration, a guest talk on the topic of psychological first aid was conducted, shedding light on the significance of providing initial support to individuals experiencing mental health crises.

Following the club inauguration, the college witnessed intense competition during the Interdepartmental Speech Competition from 1:30 pm to 2:30 pm. Five participants from three classes engaged in thought-provoking discussions, showcasing their analytical skills and knowledge of psychological concepts.

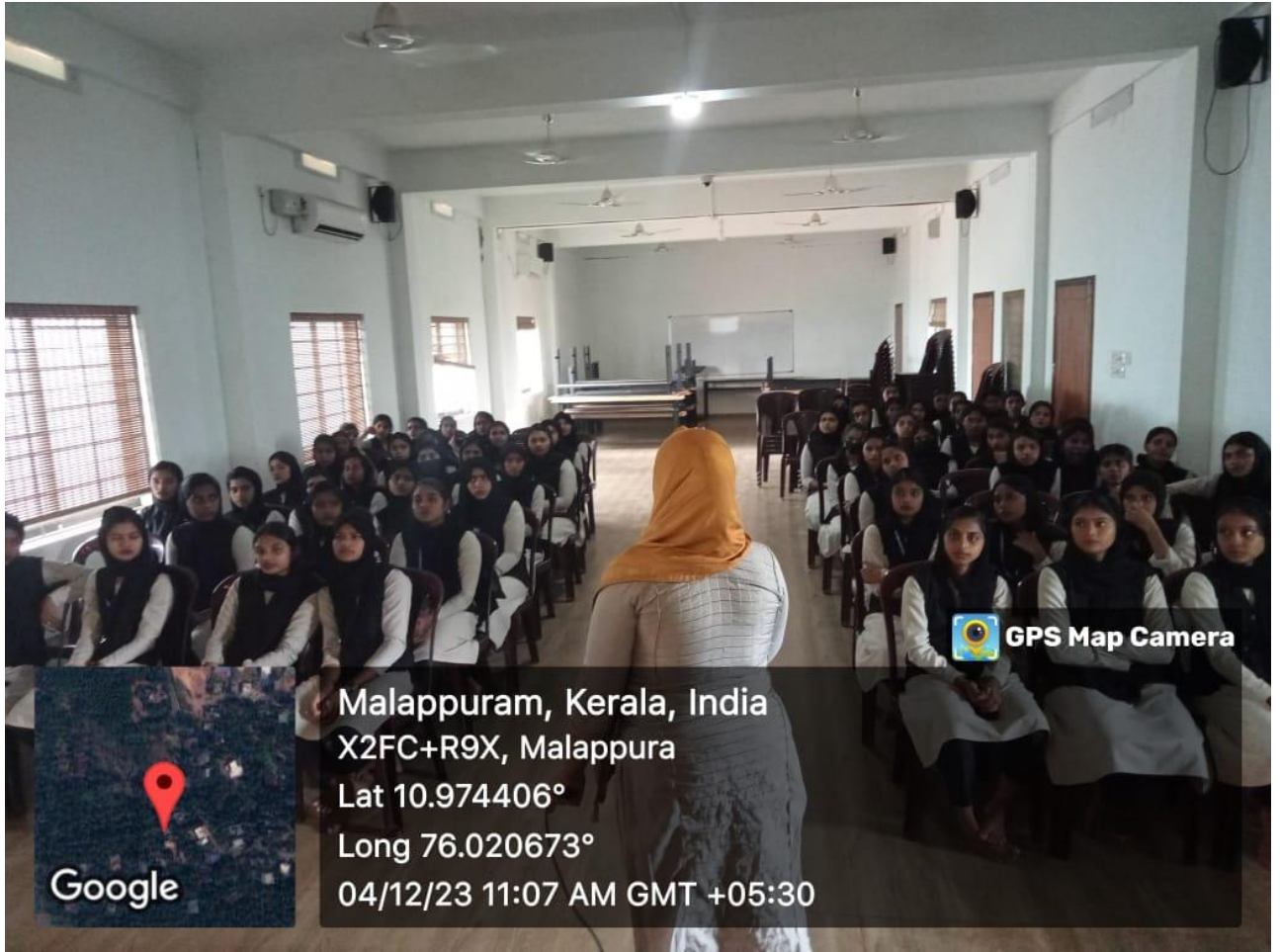
The day concluded with a Cultural Program from 2:30 pm to 3:00 pm, where students showcased their talents through music, dance, and drama, promoting cultural exchange and unity within the college community.




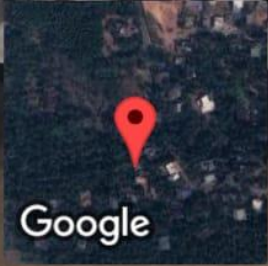
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